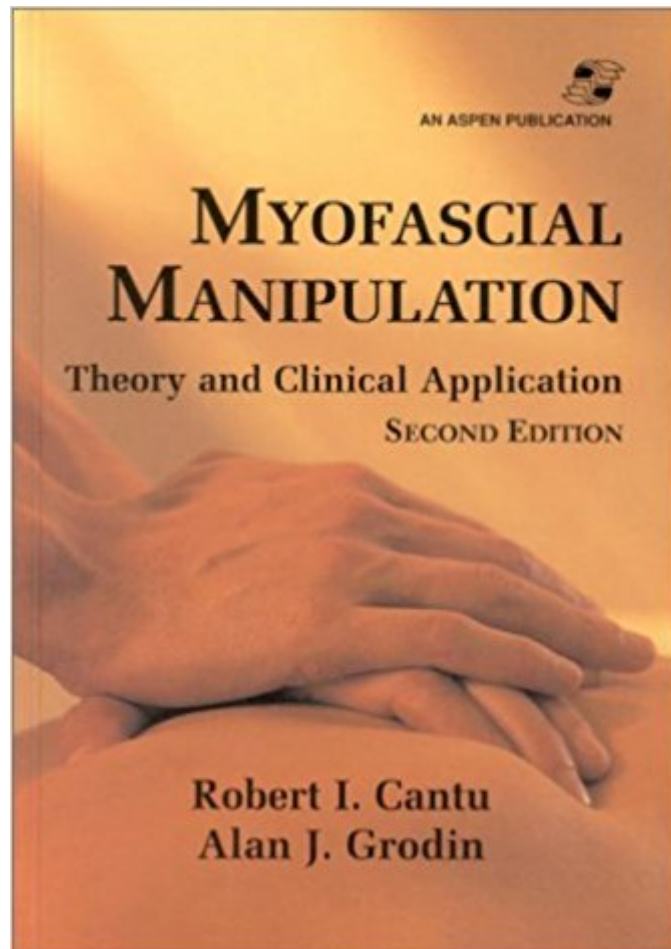




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Synopsis

...a unique guide, combines research and a proven system of evaluative & therapeutic techniques...the techniques can be used everyday, integrating them with joint mobilization, alternate somatic therapies, and exercise.

Book Information

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Great info especially on proprioception and fascia.

This book was a required text for a class, but has a very thorough history of manual therapy and clearly outlines techniques to perform in the clinic. A good resource.

Having had both authors in courses, this text is an excellent reference. Unlike most Myofascial guru's, this text is based on sound scientific principles and well researched and this edition has some excellent updates. The pictures are clear with great descriptions of techniques. The application is appropriate and effective for therapists of all levels of experience. Highly recommend the course and the text.

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